



The Secret Kindness Agents

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Photos courtesy of Daniel Pearson and Jennifer Hensel



What if?



The Naming The Acts of Kindness



The Ceremony

The Two Wolves

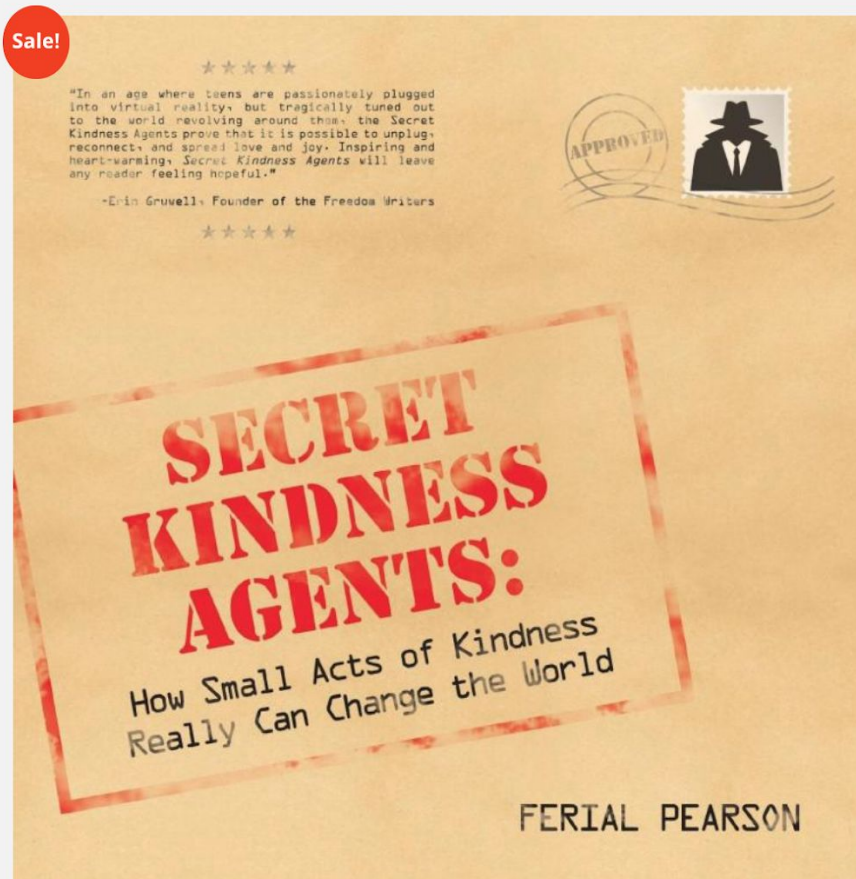
- ▶ Becoming Addicted
- ▶ The Two Wolves
- ▶ Signature Moves

Becoming Visible



The Book

Home / Education & Reference / Secret Kindness Agents



Secret Kindness Agents

\$14.95 **\$11.96**

Sometimes the small things make *all* the difference.

Moved by the Sandy Hook Elementary School tragedy, Ferial Pearson wondered if a simple act of kindness could change a life. She thought of the school where she taught and the students she guided every day and wondered, *what would happen if we started secretly carrying out small acts of kindness in school?* Could a modest act of compassion really change the course of a life? She posed the question to her students. They didn't have the answers but they were willing to find out.

And so they became the Secret Kindness Agents. They not only changed the lives of those they met, they changed their own.

Their hope, their hearts, and their hunger for happiness will inspire you to change your small corner of the world, in your own way, for the better. Let them show you how they did it, and how you can do the same.



TEDx Omaha



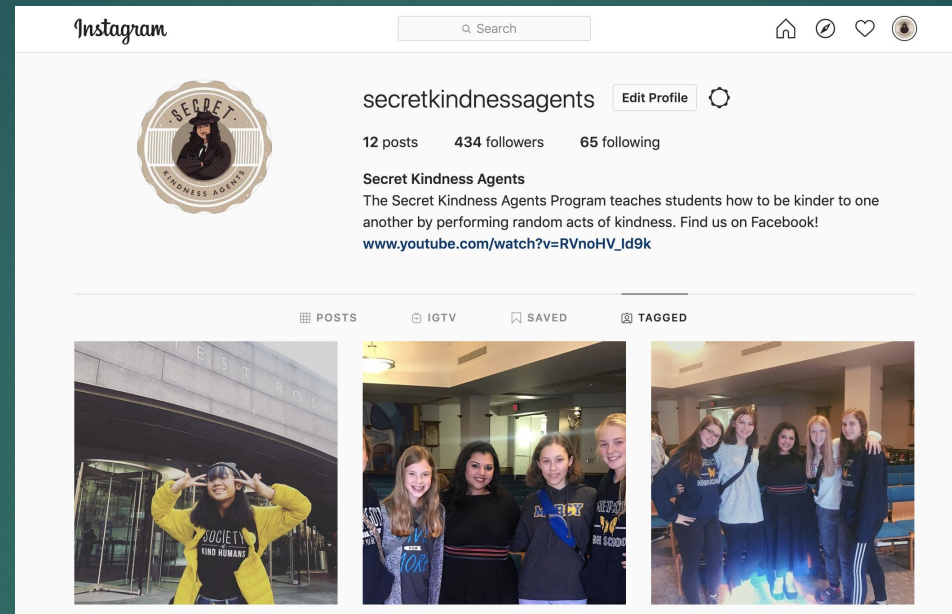
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Create Post



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Our Story

Moved by the Sandy Hook Elementary School tragedy, Feriel wondered if a simple act of kindness could...

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Secret Kindness Agents

346 Tweets

THE SECRET KINDNESS AGENTS



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Secret Kindness Agents

@AgentsKindness

We are the Secret Kindness Agents. Join us with an Agent Name, habitual acts of anonymous kindness, reflection, and joy. Mobilize, Agents! Love, Mama Beast.

patreon.com/secretkindness... Joined October 2019

New “Chapters” of the SKA

Nationwide

- ▶ Private and Public Schools
- ▶ Rural, Urban, Suburban Schools
- ▶ Homeschools
- ▶ Girl Scout Troops
- ▶ Boston Children’s Museums
- ▶ Preschool through University
- ▶ Book Clubs
- ▶ Sports Teams
- ▶ After School Clubs
- ▶ Families
- ▶ “Rogue Agents”

Globally

- ▶ U.S.A.
- ▶ Canada (3 provinces)
- ▶ Kenya
- ▶ Cameroon
- ▶ Spain
- ▶ Fiji
- ▶ The Philippines
- ▶ Australia
- ▶ Qatar
- ▶ Pakistan



WHEN YOU
CARE ENOUGH TO

lend a hand

YOU CAN CHANGE
THE WORLD.

ellen
the ellen degeneres show

BORN THIS WAY FOUNDATION
EMPOWERING YOUTH ★ INSPIRING BRAVERY

Secret Agents Of Kindness



TEACHING TOLERANCE

CLASSROOM RESOURCES

PROFESSIONAL DEVELOPMENT

MAGAZINE & PUBLICATIONS

BUILD A LEARNING PLAN

Secret Agents of Kindness

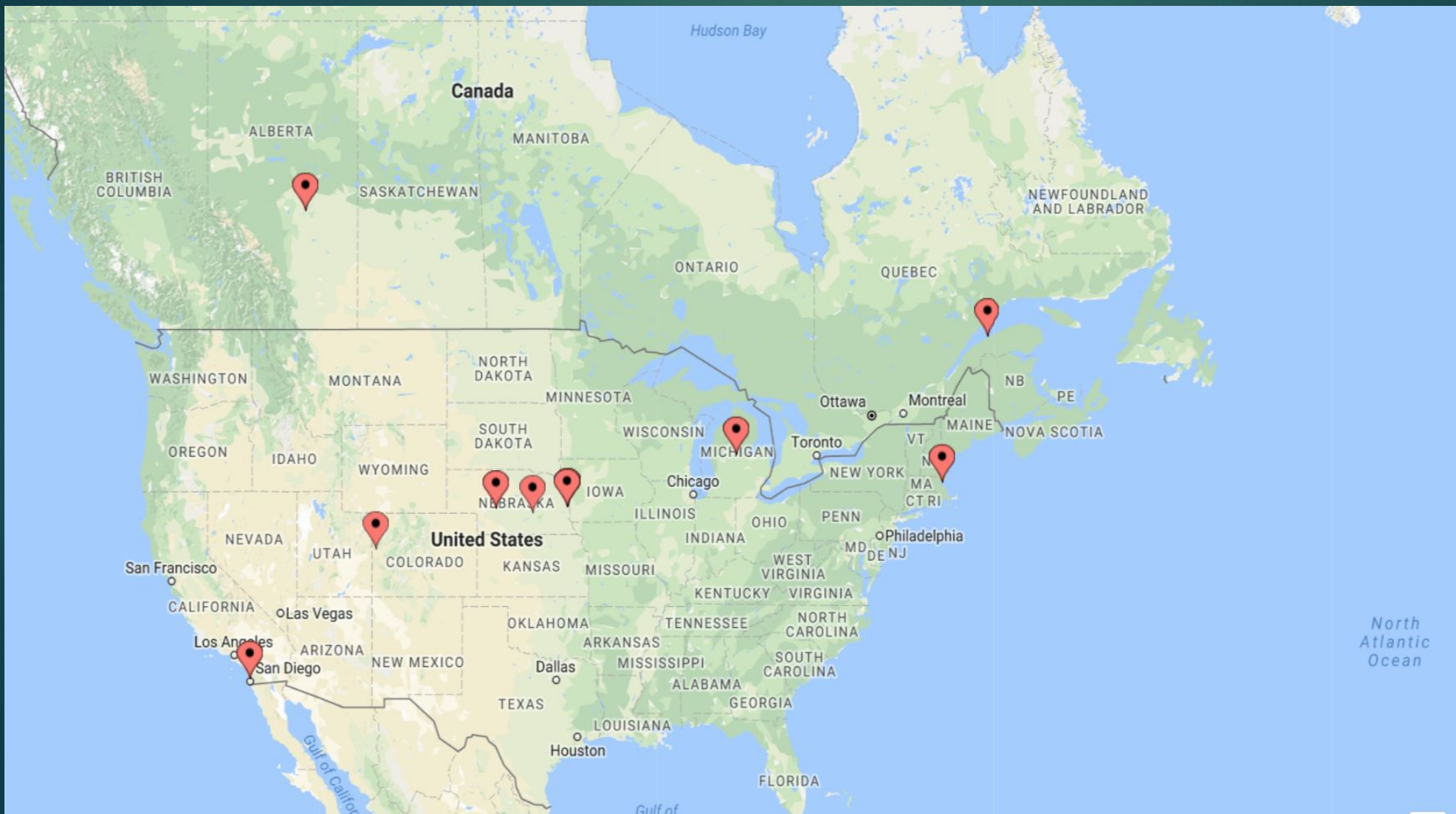
A teacher gave students a simple task: **Be kind, but selfless.** The results illustrate the contagious effects of humanity.

Issue 57, Fall 2017

By Debra Ginsberg

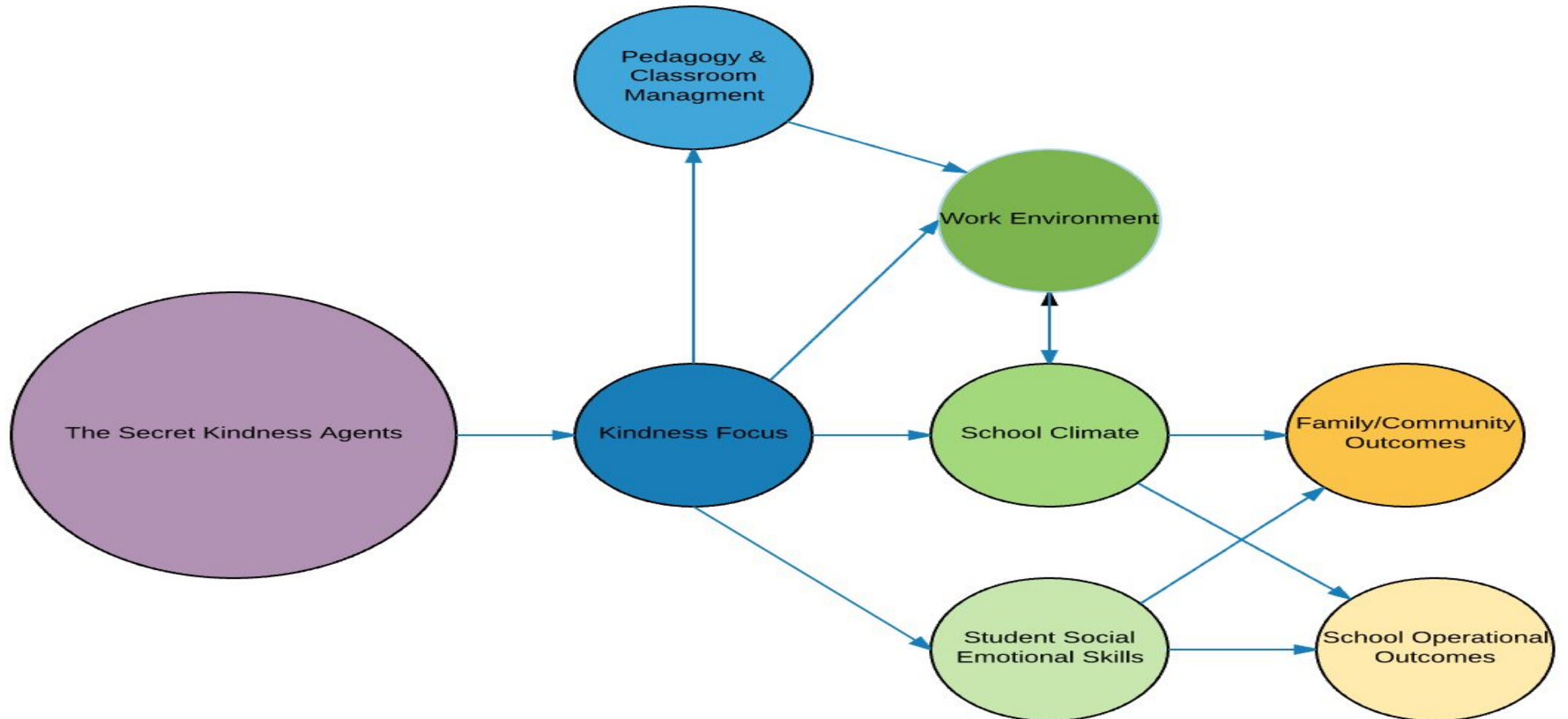


Dissertation



- Omaha, NE, USA
- Ralston, NE 68127, USA
- Edmonton, AB, Canada
- Métis-sur-Mer, QC, Canada
- Loma, CO 81524, USA
- Boston, MA, USA
- San Diego, CA, USA
- North Platte, NE 69101, USA
- Grand Island, NE, USA
- Mt Pleasant, MI 48858, USA

Impact of the Project



Impact on Adults

- ▶ Greater focus on kindness in classes
- ▶ Treating students differently
- ▶ More aware of choices around students
- ▶ Greater empathy for others
- ▶ Better relationships with students
- ▶ Better relationships with colleagues
- ▶ Improved morale
- ▶ Improved well being

Impact on Students

- ▶ Kindness focus, awareness, empathy
- ▶ Sense of pride, belonging, connection to school
- ▶ Improved behavior
- ▶ Improved academic performance
- ▶ Improved relationships
- ▶ Improved well being
- ▶ Increased happiness
- ▶ Ownership and Initiative

Impact on Contexts

- ▶ Improved faculty and staff dispositions
- ▶ Improved faculty and staff morale
- ▶ Sense of community and safe spaces
- ▶ Improved school climate

Non negotiables

- ▶ Everyone gets an Agent Name
- ▶ You all decide together what your missions are
- ▶ Missions become a regular habit
- ▶ You reflect after each mission

Where Are We Now?

- ▶ New book released December 2020 for educators
- ▶ Secret Kindness Agents Podcast is up and running on Libsyn, Spotify, iTunes, Apple Podcasts, and Stitcher
- ▶ We have a newsletter and a Patreon

MEMBER EVENT 



SECRET KINDNESS AGENTS

Inspired by Dr. Ferial Pearson's Secret Kindness Agents Project.

by **Brian Guehring**

Secret Kindness Agents

RUN DATES

JAN 17 - FEB 2, 2025

DURATION

60 minutes

Inspired by Dr. Ferial Pearson's Secret Kindness Agents Project.

by **Brian Guehring**

Secret Agents Glitter Waffles, Chameleon, Stinger and Ringleader have been recruited to make their school a kinder place for all. The school has been overcome with the winter blues, excessive grumpiness, school testing stress, and an overall dark cloud of doom and gloom. Will these elementary school students succeed in their secret spy missions? Can they break the secret codes from headquarters? Will their secret agency be discovered? Will they make a difference in this school? Join us for this exciting spy-tastic adventure play!



the
Rose
Performing Arts
FOR CHILDREN AND FAMILIES

Advice to You as Judges

Feed your Good Wolf

Give yourself grace and kindness

Think about nonverbal kindness cues:

- Body language - smiling, nods, encouraging facial expressions

- Disposition - Being open to new ideas and materials

Feedback - Writing constructive comments that are helpful and not cutting

Give authentic and detailed compliments, not pithy, empty platitudes

Assume best intent

Look for the good in everyone

Live in nuance and stay away from binary thinking (good/bad) and stereotypes

Remember that you owe this to yourself just as much as those around you

Questions?

- ▶ Contact me at: fpearson@unomaha.edu

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